Our dish descriptions don't always mention every single ingredient, so please check the allergen menu if you have any allergies. Our allergen menu covers the 14 allergens specified by the Food Standards Agency*, and we've also included onion and garlic.

Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. If you suffer from an allergy that is not covered in our Allergen menu then please contact us via email at hello@lussokitchen.co.uk

* FSA does not classify Pine nuts (pine kernels) as a Nut. Pine nuts (kernels) are included in: pesto, goat cheese salad

Starters/Nibbles	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Marinated Olives (may contain stone)				may			may			may	may				yes	
Breaded Mozzarella sticks		yes		yes			yes			may	may		yes		yes	
Bolognese Arancini	may	yes		yes		may	yes		may	may	may	may	may		yes	yes
Aubergine & mozzarella arancini	may	yes		yes		may	yes		may	may	may	may	may		yes	yes
Carbonara Arancini	may	yes		may		may	yes		may	may	may	may	may		yes	yes
Grilled spicy chorizo				may			yes			may	may		yes		may	may
Garlic bread		yes					yes			may	may			yes	yes	
Garlic bread with mozzarella		yes		may			yes			yes	may			yes	yes	
Garlic bread		yes		may			yes			yes	may			yes	yes	
Pesto Bread	yes	yes		yes			yes	yes		yes	may				yes	may
Cheesy garlic bread pepperoni		yes		may			yes			may	may			yes	yes	yes
Caprese Salad with Bufala mozzarella	may						yes			may	may				yes	
Marinated tomato & basil bruschetta	may	yes		may			yes			may	may	may		yes	yes	
Italian meat board	yes	yes		may			yes			may	may	may		yes	yes	yes
Fritto Misto	may	yes	yes					may		may	may				yes	yes

Please note that due to the nature if food preparation cross-contamination cannot be entirely avoided. Gluten free pizzas are baked in our main pizza oven.

Main courses	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Regular Pizza dough base		yes														
Gluten free pizza base		Rice starch, cor	rn starch, wate	er, sea wate	er, potato	starch, rice	flour, sun	flower oil, oli	ve oil, legum	ne flour, veg	etable fibre,	sugar, mille	t flour, flax	seed meal, s	salt, yeast	
Focaccia bread		yes														
Seeded brioche bun		yes		yes			yes					yes				
Halloumi burger		Yes		Yes			Yes		Yes	may	nay	Yes		may	yes	yes
Dirty BBQ burger		yes		yes	may		yes		yes	may	may	yes		yes	yes	yes
Halloumi Salad		yes					Yes	may	Yes	may	may		Yes		yes	yes
Goat cheese salad		yes					yes			yes	may				yes	
Chicken caesar salad		yes		yes			yes			may	may				yes	yes
Margherita pizza		yes		may			yes			may	may					
Parma ham pizza	yes	yes		may			yes			may	may					
Wild Mushroom pizza	yes	yes		may			yes			may	may				yes	yes
Goat cheese pizza	yes	yes		yes			yes	yes		yes	may				yes	
Blue cheese & speck pizza		yes		may			yes			may	may					
Spicy italian salami pizza		yes		may			yes			may	may				yes	yes
Anchovies pizza		yes	may	may	yes		yes	may		may	may			yes	yes	
Nduja pizza		yes		may			yes			may	may				yes	yes
Meat Feast pizza		yes		may			yes			may	may				yes	yes
Meat Feast pizza		yes					yes			may	may				yes	yes
Pulled beef pizza		yes		may			yes			may	may					
Pepperoni pizza		yes		may			yes			may	may				yes	yes
Ham & cheese pizza		yes		may			yes			may	may					
Calzone	may	yes		may			yes			may	may				yes	yes
Pizza Sophia	yes	yes	may	may			yes	may		may	may			yes	yes	yes
Vegan Margherita		yes								may	may					
Pomodoro pasta		yes		may			yes			may	may				yes	yes
Arrabiata pasta		yes		may			yes			may	may				yes	yes
Puttanesca pasta		yes		may	yes			may		may	may			may	yes	yes
Carbonara Pasta		yes		yes			yes			may	may					
Creamy pesto chicken pasta	yes	yes		yes			yes	yes		yes	may				yes	may
Gnocchi Sorrentina		yes		yes			yes			may	may				yes	yes
Amatriciana pasta		yes		may						may	may				yes	yes
King prawn pasta		yes	yes		yes		may	may		may	may			yes	yes	may
Four cheese pasta		yes		may			yes		yes	may	may		may		yes	may
Lasagna al forno (pork+beef)	yes	yes		yes			yes			may	may			yes	yes	yes

Kids pomodoro pasta		yes	may				may	may			yes	yes
Kids pesto pasta		yes	yes		yes		yes	may			yes	yes
Kids Bolognese pasta	yes	yes	may		yes		may	may		yes	yes	yes

Sides + dips																
French Fries/ sweet potato fries																
Potato croquettes		yes					yes								may	may
Breaded Mozzarella sticks		yes		yes			yes			may	may		yes		yes	
Bolognese arancini	may	yes		yes			yes			may	may				yes	yes
Aubergine & mozzarella arancini	may	yes		yes			yes			may	may				yes	yes
Rocket & parmesan salad	yes						yes			may	may					
Green salad with dressing	yes								yes	may	may					
Chimichurri														yes	yes	yes
Peppercorn sauce							yes							yes	yes	yes
Roasted garlic aioli				yes					yes					yes	yes	may
Spicy tomato sauce																
Please note that due to the na	ature if fo	od preparatio	n cross-cor	ntaminat	ion canı	not be en	tirely av	oided. Glu	iten free	pizzas are	baked in	our main	pizza ov	en.		
Desserts - not including our ice creams and sorbets	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Chocolate brownie		may		yes			yes			may	may		yes			
Apple & almond tart		yes		yes			yes			yes	may					
Tiramisu		yes		yes			yes			may	may		yes			
Affogato		yes		yes			yes			yes	may		yes			
Milk shakes			Please	note that d	ue to the l	arge variety	of ingredie	nts used we re	ecommend to	avoid these	if you have ar	ny type of foo	d allergy.			
Waffle		yes		yes			yes						yes			