

Our dish descriptions don't always mention every single ingredient, so please check the allergen menu if you have any allergies. Our allergen menu covers the 14 allergens specified by the Food Standards Agency*, and we've also included onion and garlic.

Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. If you suffer from an allergy that is not covered in our Allergen menu then please contact us via email at hello@lussokitchen.co.uk

* FSA does not classify Pine nuts (pine kernels) as a Nut. Pine nuts (kernels) are included in: pesto, goat cheese salad

Starters/Nibbles	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Marinated Olives (may contain stone)				may			may			may	may				yes	
Breaded Mozzarella sticks		yes		yes			yes			may	may		yes		yes	
Bolognese Arancini	may	yes		yes		may	yes		may	may	may	may	may		yes	yes
Aubergine & mozzarella arancini	may	yes		yes		may	yes		may	may	may	may	may		yes	yes
Carbonara Arancini	may	yes		may		may	yes		may	may	may	may	may		yes	yes
Grilled spicy chorizo				may			yes			may	may		yes		may	may
Garlic bread		yes					yes			may	may			yes	yes	
Garlic bread with mozzarella		yes		may			yes			yes	may			yes	yes	
Garlic bread		yes		may			yes			yes	may			yes	yes	
Pesto Bread	yes	yes		yes			yes	yes		yes	may				yes	may
Cheesy garlic bread pepperoni		yes		may			yes			may	may			yes	yes	yes
Caprese Salad with Bufala mozzarella	may						yes			may	may				yes	
Marinated tomato & basil bruschetta	may	yes		may			yes			may	may	may		yes	yes	
Italian meat board	yes	yes		may			yes			may	may	may		yes	yes	yes
Fritto Misto	may	yes	yes					may		may	may				yes	yes

Please note that due to the nature of food preparation cross-contamination cannot be entirely avoided. Gluten free pizzas are baked in our main pizza oven.

Main courses	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Regular Pizza dough base		yes														
Gluten free pizza base	Rice starch, corn starch, water, sea water, potato starch, rice flour, sunflower oil, olive oil, legume flour, vegetable fibre, sugar, millet flour, flaxseed meal, salt, yeast															
Focaccia bread		yes														
Seeded brioche bun		yes		yes			yes					yes				
Halloumi burger		Yes		Yes			Yes		Yes	may	nay	Yes		may	yes	yes
Dirty BBQ burger		yes		yes	may		yes		yes	may	may	yes		yes	yes	yes
Halloumi Salad		yes					Yes	may	Yes	may	may		Yes		yes	yes
Goat cheese salad		yes					yes			yes	may				yes	
Chicken caesar salad		yes		yes			yes			may	may				yes	yes
Margherita pizza		yes		may			yes			may	may					
Parma ham pizza	yes	yes		may			yes			may	may					
Wild Mushroom pizza	yes	yes		may			yes			may	may				yes	yes
Goat cheese pizza	yes	yes		yes			yes	yes		yes	may				yes	
Blue cheese & speck pizza		yes		may			yes			may	may					
Spicy italian salami pizza		yes		may			yes			may	may				yes	yes
Anchovies pizza		yes	may	may	yes		yes	may		may	may			yes	yes	
Nduja pizza		yes		may			yes			may	may				yes	yes
Meat Feast pizza		yes		may			yes			may	may				yes	yes
Meat Feast pizza		yes					yes			may	may				yes	yes
Pulled beef pizza		yes		may			yes			may	may					
Pepperoni pizza		yes		may			yes			may	may				yes	yes
Ham & cheese pizza		yes		may			yes			may	may					
Calzone	may	yes		may			yes			may	may				yes	yes
Pizza Sophia	yes	yes	may	may			yes	may		may	may			yes	yes	yes
Vegan Margherita		Yes								may	may					
8oz Sirloin steak	yes	may					yes			may	may	may		yes	yes	may
Tuscan beef stew	yes	yes					yes			may	may			yes	yes	yes
Grilled Chicken & parma ham	may	yes					yes			may	may				yes	yes
Carbonara Spaghetti		yes		yes			yes			may	may					
Creamy pesto chicken pasta	yes	yes		yes			yes	yes		yes	may				yes	may
Vegetarian pesto pasta	yes	yes					yes			may	may				yes	may
King prawn spaghetti		yes	yes				may			may	may			yes	yes	may
Tuscan beef stew pasta	yes	yes					may			may	may			yes	yes	yes
Lasagna al forno (pork+beef)	yes	yes		yes			yes			may	may			yes	yes	yes

Sides + dips																
French Fries/ sweet potato fries																
Potato croquettes		yes					yes							may	may	
Breaded Mozzarella sticks		yes		yes			yes			may	may		yes		yes	
Bolognese arancini	may	yes		yes			yes			may	may			yes	yes	
Aubergine & mozzarella arancini	may	yes		yes			yes			may	may			yes	yes	
Rocket & parmesan salad	yes						yes			may	may					
Green salad with dressing	yes								yes	may	may					
Chimichurri													yes	yes	yes	
Peppercorn sauce							yes						yes	yes	yes	
Roasted garlic aioli				yes					yes				yes	yes	may	
Spicy tomato sauce																
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Desserts - not including our ice creams and sorbets	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Garlic	Onion
Chocolate brownie		may		yes			yes			may	may		yes			
Apple & almond tart		yes		yes			yes			yes	may					
Tiramisu		yes		yes			yes			may	may		yes			
Affogato		yes		yes			yes			yes	may		yes			
Milk shakes	Please note that due to the large variety of ingredients used we recommend to avoid these if you have any type of food allergy.															
Waffle		yes		yes			yes						yes			